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ULTRASOUND PREPARATION

Thank you for trusting Element Medical Imaging for your ultrasound imaging! For the best quality exam, it is important that you follow the appropriate preparation below. Please arrive 15 minutes PRIOR to appointment time.

ABDOMEN/PELVIS DOPPLER: Nothing to eat or drink 8 hours prior to exam time. A small amount of water may be consumed to brush teeth and take medicine.

RENAL/AORTA DOPPLER: Nothing to eat or drink 8 hours prior to exam time. A small amount of water may be consumed to brush teeth and take medicine.

ABDOMINAL ULTRASOUND: Nothing to eat or drink 8 hours prior to exam time. A small amount of water may be consumed to brush teeth and take medicine.

AORTIC ANEURYSM ULTRASOUND: Nothing to eat or drink 8 hours prior to exam time. A small amount of water may be consumed to brush teeth and take medicine.

AORTA/IVC-ILLIAC DUPLEX ULTRASOUND: Nothing to eat or drink 8 hours prior to exam time. A small amount of water may be consumed to brush teeth and take medicine.

RENAL ULTRASOUND: A morning appointment may be preferred. Nothing to eat 6 hours prior to your exam time. Complete 20oz of water 1 hour prior to your exam and HOLD. Do NOT use the restroom after you start drinking water. Your bladder must be full for this exam.

PROSTATE/TRANSRECTAL ULTRASOUND: Administer a Fleets Enema (available at your local pharmacy) 1.5 hours prior to exam time. Complete 20oz of water 1 hour prior to your exam and HOLD. Do NOT use the restroom after you start drinking water. Your bladder must be full for this exam.

HYSTEROSONOGRAM: Must be performed between days 7-12 of your cycle. This exam cannot be performed if you are pregnant. The exam can be performed anytime for post-menopausal patients.

OB ULTRASOUND, LESS THAN 14 WEEKS: Complete 32oz of water 1 hour prior to exam time and HOLD. Do NOT use the restroom after you start drinking the water. Your bladder must be full for this exam.

OB ULTRASOUND, 14-35 WEEKS: Complete 32oz of water 1 hour prior to exam time and HOLD. Do NOT use the restroom after you start drinking the water. Your bladder must be full for this exam.

OB ULTRASOUND, 36 WEEKS+: Drink 20 oz of water prior to appointment time and HOLD.

PELVIC (TRANS ABDOMINAL): Female patients complete 32oz of water 1 hour prior to exam time and HOLD. Male patients complete 20oz of water 1 hour prior to exam time and HOLD. Do NOT use the restroom after you start drinking water. Your bladder must be full for this exam.

PELVIC (TRANS ABDOMINAL) and TRANS VAGINAL: Complete 32oz of water 1 hour prior to exam time and HOLD. Do NOT use the restroom after you start drinking water. Your bladder must be full for this exam.

INFANT HIP ULTRASOUND: Please bring a bottle to soothe your baby during the exam.